

A/B, 3, 2/92

To: File

Subject: SI and H Experimentation, 1/23/52

On Wednesday, 23 January 1952, SI and H experiments were carried on in Building 13, Room 20, with Misses [redacted] and [redacted] and [redacted] by Messrs [redacted].

After the usual preliminary discussions, [redacted] using a slow relaxation technique for a total of approximately 25 minutes, produced in all three subjects a light, hypnoidal type of sleep. After some general conditioning, [redacted] awakened all subjects by the standard 12345 method.

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Shortly thereafter, [redacted] using a hand raising technique, produced a somewhat deeper hypnotic trance state in [redacted]. [redacted] was able to produce some cataleptic movement and succeeded to have [redacted] open her eyes while remaining in a trance state. He awakened [redacted] using the standard 12345 method and was able to produce some amnesias for some of the activities that occurred.

Since [redacted] had demonstrated the peculiar phenomena of responding with her left hand when concentrating on her right on the hand raising test, [redacted] attempted the standard hand rising test using [redacted] left hand as the point of concentration. This test was successful in that the left hand rose while the right hand remained stationary on the right arm of the chair. [redacted] continued to have the subject raise her left hand toward her face and induced a light trance state in [redacted]. During this trance state, [redacted] was conditioned further and was able to answer a few simple questions. However, since, in the opinion of [redacted] she had only reached a light state, she was awakened using the 12345 method. [redacted] had a very slight amnesia for some of the incidents connected with the test.

Thereafter, [redacted], using a fixation approach with [redacted] succeeded in about 15 minutes in producing a light trance state. Since it appeared obvious that [redacted] was not in a sufficiently deep state to try cataleptic movements, [redacted] awakened her using the standard 12345 method.

Work was concluded at approximately 9:00 PM.

Comment: The three subjects referred to above appear to be improving in their ability to concentrate and obtain deeper and deeper trance depth. [redacted] at this time, seems to be the most difficult of the three although considerable improvement was noted in the above performance as compared with the time previous to this. Also it will require a considerable amount of work before depth can be reached.